

Choose
A Day of Brain Gym in Sidney, Nebraska on August 4, 2009 or
Brain Gym® 101 August 4-6, 2009

Hosted by Western Nebraska Community College

University credits for recertification and salary upgrade are available.



"This is one of the few workshops worth its weight in gold!"

Deidre Kobel, 3rd grade teacher

"Your session has been nothing short of life changing. Amazing!"

Deana Mandell, parent

"You couldn't pay me not to use Brain Gym in my class."

Sue Sederstrom, teacher

I'm a Parent. I'm at wit's end with poor report cards, tearing out my hair when they won't settle down, and worried about test scores. Brain Gym's the solution to these problems. **Finally, with Brain Gym, my kids will**

- Finish homework easily
- Control Add/ADHD behavior & get help with sensory processing
- Listen to directions
- Finish chores quickly
- Stay on Track
- Spend less time in "time-out" or grounded
- Stop running around out of control

Think Brain Gym's too good to be true? Check out the research at

www.brain-based-learning.com/research.htm

What is Brain Gym?

Brain Gym is a program of simple, physical activities that quickly enhances learning in all areas. Brain Gym is being used effectively by hundreds of teachers and students in over 90 countries worldwide.

Your Workshop Leader

Dr. MaryJo Wagner, a dynamic, experienced, teacher and trainer, has taught Brain Gym to parents, teachers, administrators, occupational therapists, and counselors, even rowdy teenagers in Guatemala. She knows Brain Gym works.

I'm an Educator and I'm worried about standardized test results. I'm tearing out my hair with kids' ADD/ADHD behavior and at the end of my rope with slow readers.

Finally, with Brain Gym, my kids will

- Learn anything easier
- Stifle "ADD/ADHD" behavior
- Raise test scores
- Boost learning for special needs such as dyslexia, autism, sensory processing, etc.)
- Increase concentration
- Improve reading skills
- Bring up energy levels & lower stress

Questions? Call MaryJo at 303-484-8027, e-mail mjw@mjwagner.com, or go to www.BrainGymClasses.com.



Some of MaryJo's Satisfied Clients Include Parents, Teachers, Occupational Therapists and Kids at

- Jarrow Montessori School, Boulder, CO
- Mad River School District, Dayton, Ohio
- Bethel Colegio, San Pedro, Guatemala
- Utah Child and Family Services
- Jefferson County School Administrators, CO
- Children's TherAplay Fndtn, Carmel, IN
- Explorabilities (OT clinic), Albuquerque, NM
- Learning Skills Academy, Rye, NH
- Manitou Spgs Elementary, Manitou Spgs, CO

What do I get for My Investment in helping children (and myself) learn more easily and lower stress?



- 26 Brain Gym movements. I'll learn all the movements and get plenty of practice doing them. Then I'll be able to do Brain Gym after the workshop, and I'll be able to show it to children and adults.
- Brain Gym balances including easy ones to use in my classroom
Balancing is a unique process by which I can move from struggling to finishing a task easily. With balancing, I'll learn how to achieve my goals.
- 90-page workbook with pictures and explanations of Brain Gym movements. I can use this at school, home, in my private practice, and at work.
- Copyright-free handouts that I can copy again and again for my classroom, private practice or at home.
- Six-weeks free e-mail or phone coaching with MaryJo for help with my specific situation, to keep me on track, to set up my own personal or classroom routine. (Brain Gym 101 only)
- 12 Brain Gym balances which add further effectiveness to the 26 Brain Gym movements (Brain Gym 101 only)
- Practical application of the three Dimensions of Learning as applied to the Triune Brain Model. (Brain Gym 101 only)
- One year membership in the Educational Kinesiology Foundation which includes free subscription to the *Brain Gym Journal* and *Edu-K Update*. (Brain Gym 101 only)
- Official Brain Gym 101 Handbook (Brain Gym 101 only)
- Opportunity to take other Brain Gym classes for which Brain Gym 101 is a prerequisite (Brain Gym 101 only)

For more information and to register by phone call Regina Kuhns at West. Neb. CC at 308-254-7430

For Brain Gym questions: E-mail: mjw@mjwagner.com or call MaryJo: 303-484-8027.

Get general Brain Gym information including a listing of all Brain Gym and Edu-K classes and certification requirements at www.BrainGym.org

Discover Brain Gym! Register Today! Class size is limited! Don't be left out!

When: Brain Gym 101, August 4-6, 2009, 9:00 to 4:30 Or one day only, August 4, 2009, 9:00 to 4:30

Where: Western Nebraska Community College

Your investment for A Day of Brain Gym (1 day): \$167 Your investment for Brain Gym 101 (3 days): \$375

Reviewers who have taken Brain Gym 101 previously and full-time students (Brain Gym 101 only): \$275

**Registration Questions? Call Regina Kuhns at 308-254-7430 or email Regina at kuhnsr3@wncc.net
Brain Gym Questions? Call Dr. MaryJo Wagner at 303-484-8027 or email MaryJo at mjw@mjwagner.com**

Name: _____ Phone: _____ Other phone: _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail: _____ I am registering for a Day of Brain Gym _____ Brain Gym 101 _____

I'm enclosing check or money order in the amount of _____

I'm charging the workshop on my Master Card or Visa. Credit Card Type: _____ Number: _____

Expiration Date: _____ Signature: _____

Graduate Credit available for salary upgrade and recertification for educators from Univ. of Colorado at Denver. CEUs for health care professionals available from Dominican University of California. (Additional charge for credits) Check with MaryJo for details. 303-484-8027 or email mjw@mjwagner.com

Send your registration and checks payable to WNCC to Regina Kuhns, Western Nebraska Community College, 371 College Dr. Sidney, NE 69162. Please give us the name, address, and phone number of the credit card account you are using if different from your registration